

“Your Local Club”

“Your RSL”

“Ringwood RSL”

MEDIA RELEASE

18/07/2024

Ringwood RSL sends Teams to the 2024 Veteran Games Gold Coast, 17-18 August

The Veteran Games is an exciting opportunity for Australian veterans to showcase physical resilience, teamwork and problem-solving in an Australian first team competition.

David Jamison, The President of the Ringwood RSL said *“Training for participation in these games provides, camaraderie and purpose in our veteran community. As team members we remain accountable to each other to ensure we’re connecting and supporting each other. Encouragement towards our training goals provides essential foundations that are building blocks towards purpose and meaningful outcomes”.*

Our teams (Average Joes) are well into their preparations and are looking forward to the event. Their training and commitment to each other are already producing benefits in their wellbeing and social connection.

We are very pleased that we are joined by the Lilydale and Frankston Sub Branches in sponsoring these teams”.

Average Joe’s is a Tri-Service team fostering skills and experience from various roles within the ADF. Everyone has valuable and sought after qualities from soft and hard skills that enable Average Joe’s the ability to showcase physical resilience, teamwork and problem-solving abilities within a positive environment.

MEDIA CONTACTS	
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AVERAGE JOE'S IN TRAINING.



**"I HAD TEAM MEMBERS BASHING
DOWN THE DOOR
WONDERING WHERE I WAS..."**

