Ringwood Bistro

RINGWOOD RSL · SPRING / SUMMER MENU

MAIN COURSES

LEMON & HERB HALF CHICKEN $30
Chargrilled lemon and herb marinated half chicken, crispy roast potatoes, seasonal greens and garlic-thyme jus (GF)

MEDITERRANEAN GRILLED CHICKEN $30
Lemon and oregano chicken breast, pearl couscous, roasted vegetables, crumbled feta and lemon-herb dressing

MOROCCAN-SPICED LAMB RACK $42
Herb-crusted roasted 4-point lamb rack with pearl couscous, seasonal roasted vegetables, harissa yoghurt and lemon

LAMB SHANK $29
Slow cooked, mash, peas & gravy

CAMBODIAN PORK LORT CHA $27
Stir-fried rice noodles with tender pork, garlic Chinese broccoli, bean sprouts and spring onion in a savoury soy and oyster sauce, finished with fried egg, fresh chilli and lime

FROM THE SEA

MISO-GLAZED SALMON $32
Pan-seared salmon with a sweet and savoury glaze, steamed rice, Asian greens, pickled cucumber and sesame lime dressing (I)

MEDITERRANEAN BARRAMUNDI $34
Oven baked with a warm tomato, olive and caper salsa, roasted potatoes, seasonal vegetables and lemon (I)

FLAKE $29
Battered or grilled, chips & salad (I)

GARLIC PRAWNS $35
Sauteed garlic prawns in a rich confit garlic cream sauce with lime rice and a fresh garden salad (A)

FROM THE GRILL

Steaks served with chips & salad or vegetables

PORTERHOUSE 300G $40

RUMP 400G $40

RUMP 200G $33

SAUCES Mushroom, Pepper, Traditional, Garlic Butter, Chimichurri

TOPPERS Calamari (I) $5 · Prawns (A) $3

CHARGRILLED PORK CUTLET $35
300g pork cutlet with crispy potatoes, fresh apple and fennel slaw and mustard cider jus (GF)

PASTA & PARMAS

GNOCCHI $25
Pan-seared gnocchi in a spicy roasted capsicum sauce with Italian herb chicken, smoky chorizo and wilted spinach (VO)

PUMPKIN RAVIOLI $28
Pumpkin and sage ravioli in a nutty sage brown butter, finished with toasted walnuts and parmesan

SPAGHETTI AGLIO E OLIO $24
Olive oil, golden garlic, fresh chilli and parsley, finished with parmesan

PARMAS 300g crumbed chicken, served with chips & salad or vegetables

TRADITIONAL SCHNITZEL $29
Gravy

CLASSIC $30
Napoli, ham & mozzarella

MEAT LOVERS $36
Salami, ham, bacon, BBQ & mozzarella

WOODFIRED PIZZA

GF & vegan base available on request

ITALIAN SAUSAGE $22
Hot salami, Italian sausage, capsicum and mozzarella on a tomato base, finished with hot honey and fresh chilli

AUSSIE $22
Ham, bacon, egg and mozzarella on a tomato base

HAWAIIAN $22
Ham, bacon, pineapple and mozzarella on a tomato base

THE RSL $22
Tomato base, garlic butter, hot salami, bacon, onion, prawns(A), mozzarella and spring onion

SATAY CHICKEN $22
Marinated satay chicken, red onion, capsicum and mozzarella on a tomato base

HAND HELDS

Burgers served with chips

STEAK SANDWICH $29
Tender porterhouse steak stacked with bacon, fried egg, provolone cheese, sweet onion jam, chipotle mayo and peppery rocket on a toasted turkish roll

CLASSIC DELUX $25
American cheese, bacon, onion, pickles, BBQ & lettuce

MEXICAN SMASH $27
Smashed beef patty, American cheese, crispy chorizo, jalapenos, chipotle mayo and tomato salsa on a toasted milk bun

HALLOUMI & ROAST VEG $26
Grilled halloumi, roasted capsicum and zucchini, rocket, tomato relish and lemon mayo on a toasted milk bun (V)

EXTRAS Egg $2 · Onion Rings $5 · Extra Patty $3 · Sweet Potato Fries $5

ALLERGEN WARNING Our kitchen handles nuts, dairy, gluten and shellfish. Please advise staff of any allergies.

(A) Australian · (I) Imported · (GF) Gluten free · (GFO) Gluten free option · (V) Vegetarian · (VG) Vegan · (VO) Vegetarian option available | Prices shown are visitor prices · **Full members receive 10% off**

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STARTERS

GARLIC BREAD $6
Add cheese or bacon $2 · add both $3

LEMON PEPPER CALAMARI $15
Lightly dusted, flash fried and served with lemon and aioli (I) (GF)

HALLOUMI CHIPS (4PC) $11
Served with dill mayo

SATAY CHICKEN SKEWERS (2PC) $12
Chicken skewers with homemade satay sauce

DUCK SPRINGROLLS (2PC) $8
Sweet & sour sauce

ARANCINI (3PC) $11
Pumpkin and sage arancini balls with a side of smokey tomato relish (VG) (GF)

COBB LOAF $10
Sourdough cob, stone baked, served with garlic butter

OYSTERS

OYSTERS (8PC) $24
Natural, Kilpatrick or Wakame (A)

OYSTER SHOOTERS (3PC) $15
Virgin Mary (A)

SIDE ORDERS

POTATO WEDGES $10
BASKET OF CHIPS $3
FRIED EGG $3
GARDEN SALAD $4
SWEET POTATO WEDGES $10
ONION RINGS $3
BOWL OF VEGETABLES $4
CIABATTA ROLL $0.50

Potato wedges served with sweet chilli & sour cream

SALADS

SALT & PEPPER CALAMARI SALAD $27
Crispy salt and pepper calamari tossed with rocket, cos lettuce, cucumber, cherry tomato and shaved fennel, finished with lemon dressing and aioli (I) (GF)

CRISPY SALMON ASIAN SALAD $29
Crispy skin salmon, rice noodles, crunchy Asian slaw, cucumber and edamame in a zesty ginger soy and lime dressing, finished with fresh herbs, sesame seeds and crispy shallots (I) (GFO)

BOWLS

PUMPKIN & CHICKPEA BOWL $25
Roasted spiced pumpkin, chickpea, quinoa, baby spinach and cherry tomatoes with lemon-tahini dressing and toasted pepitas (VG) (GF)
Add chicken $6 · Add salmon (I) $10

ASIAN SALMON BOWL $30
Crispy skin salmon over steamed rice with edamame, Asian slaw, fresh cucumber, sesame seeds and ginger soy dressing (I) (GF)

KOREAN BBQ CHICKEN BOWL $26
Crispy chicken tossed in a sticky gochujang glaze over steamed rice with crunchy Asian slaw, cucumber, sesame seeds and spring onion

KIDS

All kids meals include dessert

I DON'T KNOW $12
Battered fish bites & chips (A)

I'M NOT HUNGRY $12
Crumbed chicken nuggets & chips

I DON'T CARE $12
Angus beef patty with cheese on a milk bun & chips

I'LL HAVE WHAT THEY'RE HAVING $12
Pizza: choice of Aussie, Hawaiian or Margherita

KIDS DESSERTS

CHOCOLATE MOUSSE CUP
Smooth and creamy, finished with chocolate flakes

ICE CREAM SUNDAE
Vanilla ice cream with chocolate or strawberry sauce, whipped cream and sprinkles

COOKIES BROWNIE
Warm chocolate brownie with vanilla ice cream and chocolate sauce

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